



The Farmers Market Cookbook: The Ultimate Guide to Enjoying Fresh, Local, Seasonal Produce (Paperback)

By Julia Shanks, Brett Grohsgal

New Society Publishers, United States, 2016. Paperback. Book Condition: New. 229 x 203 mm. Language: English . Brand New Book. Farmers Markets and CSAs are among the best places to find high-quality, diverse, and exciting vegetables and fruits. But the rich array of unusual varieties can be confusing and overwhelming. From detailed produce descriptions to storage tips, preparation techniques, and over two hundred flavorful recipes, The Farmers Market Cookbook has the answer to every prospective locavore's perennial question, What do I do with this? Featuring a range of traditional favorites alongside innovative creations showcasing the stunning flavors of heirloom fruits and vegetables, this guide to seasonal eating will help you engage your powers of creativity, learning, and experimentation. Recipes include: Garlic scape vichyssoise Potato fennel risotto Beef roulade with cilantro mojo Cantaloupe salsa Eating locally cultivates appreciation for those who grow our food. Full of practical insights from field to fork, The Farmers Market Cookbook celebrates the small farmer's labor of love with recipes that showcase every crop at its best—essential reading for anyone who wants to appreciate fresh food at its best. Julia Shanks has honed her culinary talents working in restaurants around the country, developing a...



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