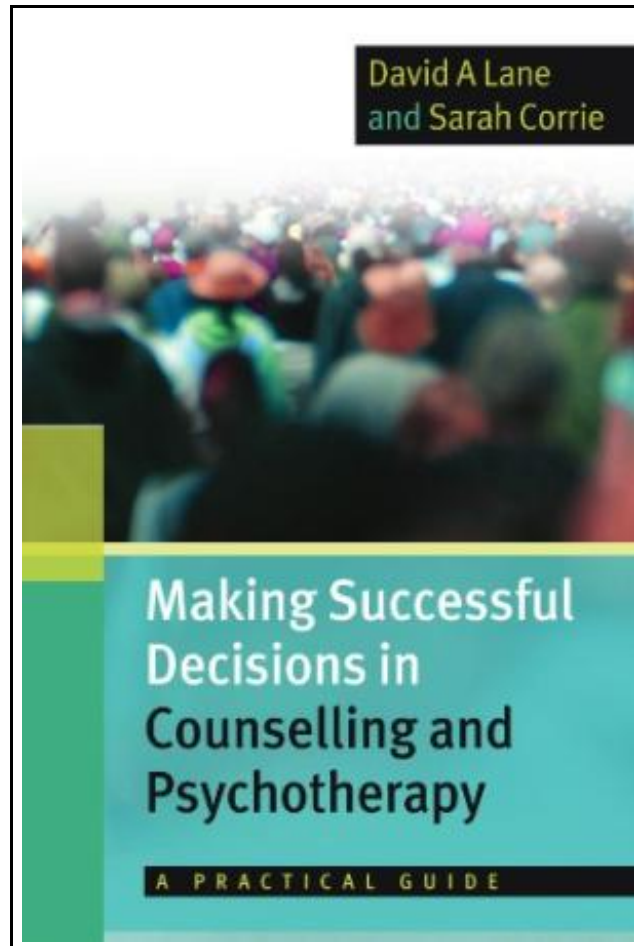


## Making Successful Decisions in Counselling and Psychotherapy: A Practical Guide



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## MAKING SUCCESSFUL DECISIONS IN COUNSELLING AND PSYCHOTHERAPY: A PRACTICAL GUIDE



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Open University Press. Paperback. Book Condition: new. BRAND NEW, Making Successful Decisions in Counselling and Psychotherapy: A Practical Guide, David A. Lane, Sarah Corrie, "It is commonly assumed that the ability to make decisions in therapy is acquired as a result of experience and for this reason the subject is more or less ignored in programmes of training. Lane and Corrie effectively challenge this position in a comprehensive account of the process by which information is acquired, interpreted and used. The book benefits from the comprehensive experience of the two authors both as clinicians and researchers and is illustrated by some excellent case material and interesting self-assessment exercises. There is something of value here for therapists of every modality at all stages of development." Ray Woolfe, Psychologist and Psychotherapist in independent practice, Bristol, UK "In this well written, meticulously researched and timely book, Lane and Corrie propose that the art of decision making, like any art, requires discipline, training and continual practice. This book should be required reading on clinical and counselling psychology programmes and related fields. For those about to enter practice, this book provides you with much needed support for engaging with the realities of a complex and shifting political and professional landscape. For the more experienced practitioner, this book challenges you to become more explicit about, and to sharpen and widen, the assumptions, models and procedures that guide your everyday decision making. This is continuing professional development of the most relevant and needed kind. I will be recommending this text to my students, colleagues, peers, and, yes, managers, very strongly indeed!" Dr Michael Worrell, Consultant Clinical Psychologist & Programme Director, CNWL Foundation Trust Working with a client in order to bring about therapeutic change involves a constant stream of decisions. But how exactly do you decide? What...

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