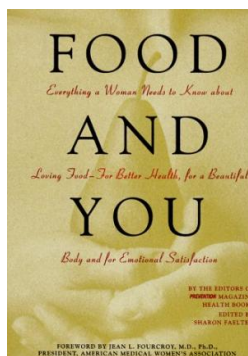


## Food and You Everything a Woman Needs to Know About Loving Food--For Better Health, for a Beautiful Body and for Emotional Satisfaction



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