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Chilli Cookbook: Over 150 Delicious Recipes Shown in 250 Sizzling Photographs

By Elizabeth Young

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Chilli Cookbook: Over 150 Delicious Recipes Shown in 250 Sizzling Photographs, Elizabeth Young, Fire up your cooking with this exciting collection of tongue-tingling recipes, which includes soups, broths, dips, salsas, appetizers, snacks, main meals, vegetarian dishes and salads. It features a delectable selection of fiery recipes from all over the globe, including soups such as Spicy Chicken Broth, tasty bites such as Hot and Spicy Plantain Snacks, and a sizzling range of main dishes from Spicy Seafood Satay to the classic Chilli con Carne. It includes a fully illustrated reference section describes the range of chillies available, and provides hints and tips on preparation and cooking techniques. Each beautifully photographed recipe is easy to follow and features a complete nutritional analysis of the fat, carbohydrate, salt and calorie content to help you plan a healthy diet. Chillies are used all over the world in many different cuisines to add piquancy and interest to the simplest of dishes - whether mild and subtle, full of complex tastes or mouth-searingly hot. Fresh and contemporary, this book is filled with 150 easy-to-make, mouthwatering recipes from around the globe. There is a recipe to suit every...



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